

## **Body treatments**

Swedish body massage (90mins). €100

(60mins). €70

Back massage. (60mins). €70

(45mins). €45

Hot stone back massage. (60 mins). €70

Indian head massage. (60 mins). €70

(45mins). €45

Skin smoothing polish. (45mins). €45

Restful relaxation scrub and massage. (90mins). €100

Warmed exfoliating scrub rubbed into the skin and removed with heated mitts, followed by a tension melting massage.

## **Facial Treatments**

Riverside signature facial (60mins). €60

A profoundly relaxing skin focused facial using products specifically suited to your skin type and needs. Suitable for oily, dry, sensitive and mature skin.

### **Exforadiance Facial. (60mins). €70**

Aims at brightening the skin while renovating and smoothing skin surface through exfoliation while having an illuminating effect. Good for dull complexions, pigmentation, age spots , aged skin with wrinkles.

### **Anti Ageing Facial. (60mins). €70**

Designed to reduce the appearance of ageing, to soften wrinkles and boost collagen production and leave skin radiant, fuller and more youthful.

### **Hand & Foot Care (Available on selected days only)**

Let us pamper the skin of your hands or feet using heated mitts, masks, exfoliation and luxurious massage techniques .

Includes nail file, buffing, cuticle work and polish of your choice.

Manicure. (60mins) €50.      Pedicure. (60mins). €50

### **Mix 'n' match special. (75mins). €80**

Combine any 3 of the following

-25 minute back massage      -25 minute mini facial

-25 minute scalp massage -25 minute foot and ankle treatment